

My Wonderful Spring Break in Seattle

by Chen Zheyuan

During spring break, my friend, Trista Yuan, and I went on a trip to

Seattle, Washington. Seattle is the American city which is famous for raining. Although the weather is terrible there, the beauty of the city cannot be hidden. There are so many romantic stories and movies set in Seattle, and it is one of the best cities to travel in the United States. I was really shocked by the thousands of tourists in the city. However, I was glad that I went to a popular place for vacation.

The first day was my fa-

vorite day. Fortunately, the weather



Trista & Zheyuan at the famous Pike Place Market

was great, and it did not rain at all. We planned to go to the top of the (Continued on page 2)

Spring Break in Cancún, Mexico



by Liang Charles Ji Yuan

During spring break, I traveled to Cancún, Mexico, with my friends. It was an interesting trip. Ι would like to show you how interesting Cancún is.

The first place I would like to describe is Isla Mujeres. It is a small beautiful island.

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Seattle (Cont'd)

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Space Needle, an impressive landmark of Seattle with a height of 605 feet. We were concerned that our view might be blurry if we went up there when it was foggy. However, as our time was limited, we decided to go up anyway. Although we were not able to see Mount Rainier, the prosperous view did not disappoint me.

The next step we took was to visit the Chihuly Garden and Glass museum which does not only contain glass arts, but also includes other art works. The elaborate art impressed me a lot. One of my favorite pieces was the ceiling suffused with various types of glass works; the lights and the shadows also provided a nice version of the glass works, and made the insipid hallway look like a plenty of colorful gallery. We also watched an amazing performance on glass blowing that showed how the delicate glass works are made.

After we finished eating the famous local cui-

Cancun (Cont'd)

(Continued from page 1)

It's the nearest island to Cancún. From Cancún to Isla Mujeres, it takes 30 minutes by ship. I always suffer from seasickness, but I didn't feel uncomfortable this time. I saw the beautiful sea; it was very blue and limpid. I had never seen the sea like this before.

Thirty minutes later, I

arrived on the island. The food was very good there; I like Mexican food so much. Especially, the seafood was very delicious and fresh.

In Isla Mujeres, you can pay for playing with whale shark. Unfortunately, the shark was sleeping at that time. However, it was still an interesting day.

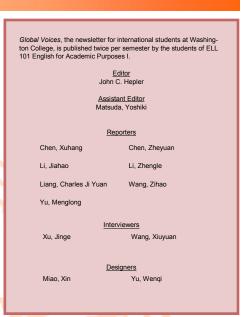
Parrots in Can

Columns. I was astounded by the beauty of the buildings.

I would like to suggest that you go to Chichén Itzá if you go to Cancún. Remember to take enough water because the water is expensive there.

sine at Crab Pot Restaurant, we went the Pike to Place Market. This market sells food the same way as the Chinese food fresh market does.

The vegetables were organized by type, and prices were clearly written on



signs above them. The seafood was similarly arranged as the vegetables, and they also put them on ice so they could keep fresh.

On the following day, we went to Mount Rainier National Park. It is located 54 miles south-

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The second place is Chichén Itzá. It takes two hours to travel to Chichén Itzá, but it was worth it. Chichén Itzá was so amazing. There were a lot of huge, antiquated, and beautiful stone buildings. Chichén Itzá includes El Castillo, the Great Ball Court, the Temple of the Warriors, the Sacred Cenote, and the Group of a Thousand

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Badminton Championship

Last month, Washington College hosted a badminton tournament which lasted for three weeks. This year there were only couples matches, but next year we will have singles matches, too. The players could be students or staff from our college. There was no limitation about genders; both males and females could register to play. Teams were formed by registered players, with 42 teams in total. Each team could have three players, including one alternate.

After two weeks, the first 32 teams with the highest scores were in the playoffs. In the playoffs, there were five rounds and the last winner was the champion team. The champion team was LOL, with two members, Allen and Lace Lee, international students from China. Second place belonged to team Akaynick, whose team members were Akay and Nick; they were from China, too. Third place belonged to Alibaba, and the team members were Jack and Wenqi Yu—they were Chinese as well.

In the group games, each team met three to four competitors, and three games were played with each competitor, the team who won two games would be the winner, and the winner got

Reading Means Progress

Maksim Gorky wrote, "Books are the ladder to human progress." I totally agree to that. We can benefit a lot from a good book. In academic study, reading can help us expand our vocabulary and express ourselves better. In life, reading is also a way to relax ourselves. Maybe one can only experience one life, but we can experience different lives in a book. We can follow a book's plot to laugh or cry. Sometimes, a good book, like a teacher, can teach us a lot. We may get some principles of life from a book. For example, to read *How to Make Steel* teaches us to be brave and strong; *Jane Eyre* teaches us how to love.

Le Petit Prince, which was written by a French writer named Antoine Saint-Exupéry, is the book which has accompanied me for a long time. The By Chen Xuhang



Allen and Lace Lee after winning the game

two points. If the game didn't finish in 50 minutes, then each team got one point, and the loser would not get any points. Besides the ten teams that didn't win any games, the remaining 32 teams had playoffs.

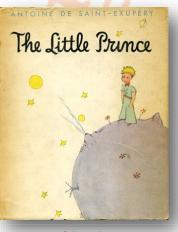
In the playoff week, there were five rounds: the first round is 32 teams playing 16 games, 16 winners play each other to get in the first eight places, and another four games hosted for them to fight for the first four places. Semifinals and finals

(Continued on page 10)

by Li Zhengle

protagonist of the book is a little prince who is from another planet. He comes to the earth and experiences a series of adventures.

Le Petit Prince is a fairy tale, a book for children. The language of this novel is simple, pure and tragic. The author uses simple words to appeal philosophy.



Cover of The Little Prince

Saint-Exupéry uses the vision of children to reveal the adult world: emptiness, blindness, folly, rigidity,

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Reading (Cont'd) (Continued from page 3)

and dogma. He also tells us that human beings are lonely.

This book is not only for children, but also for every stage of age. This is the book which can move you with pure love. This book is about love and responsibility. No matter how old we are, we all need fairy tales. Fairy tales will accompany our lives, let our hearts be like children, and keep our innocence forever.

I recently read *Gone with the Wind*, written by the modern American writer Margaret Mitchell. This novel is based on the time when the United States experienced civil war. The writer set the background in Atlanta and depicted the southerners' lives after the Civil War. Through the main plot, Scarlett O'Hara and Rhett Butler's love, the southerners' customs, etiquette, behaviors, and political attitudes are successfully reproduced.

I like this book because I like Scarlett's bravery and strength and Rhett's wit and decisiveness. As for Scarlett, I have to admire her. I admire her for her strength, persistence for land, and to be able to ignore social comments and the other's attitude towards her. I think Scarlett was just like a child. She focused on the thing she wanted very much.

This book also shows the Irish people's determination for the land. The book *Gone with the Wind* includes beautiful and exciting words, so it is a good book for us to read.

There are lot of fan of books. From books, I learned about diligence, kindness, love, and justice. I also read the history of the rise and fall of human beings.

Life is limited; we cannot experience everything. One important way to gain knowledge and experience is through reading.

Just Like Subway!

As all Washington College students know, the best food in Hodson Hall's dining hall are sandwiches. I have to admit that I eat sandwiches every time I go to the dining hall. To be honest, sometimes students waste food a lot, and it is time they learn cooking skills from Chinese.

So, let's get back to our topic. Why do I think sandwiches are the best of our dining hall's food? First, the way of making and taste of their sandwiches is similar to Subway restaurants. As everyone knows, Subway is already a main part of American food culture. The sandwiches they make taste delicious and wonderful.

Then, let's talk about what they have in the sandwich corner. First, they have many kinds of meat: beef, chicken breast, tuna, sausage, salami and chicken salad. I have to mention that chicken salad even has too much calories, but it's really yummy.

Next is the cheese part. Actually, I don't eat any cheese at all, so I have no idea what kind of cheese they have. I am so sorry about that. Then, they have the vegetable part. They have lettuce, spinach, tomato, onion, olive, pickle, pepper and,



sometimes, roasted vegetables. And they also have hot sauce, honey mustard sauce, BBQ sauce, salad sauce, and olive oil.

Basically, my order is baked rye bread with tuna, without cheese, but with tomato, onion and green paper. Then, I put more honey mustard sauce on it. It is good absolutely for my health and very good tasting. This is our dining hall's sandwich, which always tastes like Subway.

An Interview with Dr. Colin Campbell

by Wang Xiuyuan

1. What is your educational background?

For my Bachelor's degree, I studied at Westminster College and I was a physics major. Then, I went to Pennsylvania State University to complete my Ph.D. in physics.

- 2. How many hours do you work every week? Probably, 55 to 60 hours I would say. I usually work 45 hours on campus, and the rest of those are at home.
- 3. What is your ideal job?

This is my ideal job! I'm a professor in a small college where I can work with students and do some research as well. Yeah, I am very happy with that. I enjoy it; it's a lot of fun.

4. Do you work on holidays or weekends? Yeah, I do. If I can avoid holidays, I do. Usually, for holidays lasting for more than one week, I free myself for the first few days and then work for the rest of the days. I still receive



Professor Colin Campbell

emails from students and anyone from college. Usually, every weekend, I am working.

5. What is your preference of work environment?

I guess I like small colleges such as Washington College. You know, I like small classrooms (Continued on page 8)

A Student Interview with Harada Mayo

1. What is your name? My name is Harada Mayo.

- 2. Where do you come from? I was born and raised in Japan, but my parents 9. Please introduce your home town. are Korean, so I am Korean. However, I am Japanese now because I changed my nationality from Korea to Japan.
- 3. Why did you decide to study abroad? I would like to work at international NGO in the 10. What are the differences between studying in future. So I need English skill and knowledge of international relation.
- 4. Why did you choose Washington College? The agency that helped me study abroad introduced Washington College to me.
- 5. What is your major? I major in international studies.
- 6. Why did you choose that major? I am interested in international studies.
- 7. What is your plan for after your graduation? I will go to graduate school, and get master's degree.

- 8. What do you think of studying in the US? I think it is good experience to study in the US. I can make more friends.
 - I live in Tokyo, which is the capital of Japan. There are many people in Tokyo. I think it costs a lot to live there. In addition, Tokyo is the host city of the Olympic games in 2020.
- Japan and studying in the US?

In Japan, it is difficult to enroll an university, but it is easy to graduate. On the other hand, in the US, it is the opposite.

- 11. Can you tell me the best day in your life? When my mother was pregnant, she met an accident, so my life was in danger. But I was born safely and I am fine now. Therefore, the day she had the accident was the best day in my life.
- 12. Could you please describe a kimono, the traditional Japanese clothes?

by Xu Jinge

⁽Continued on page 8)

Spring Break in Photos





Seattle Trip (Cont'd)

(Continued from page 2)

southeast from Seattle, and it is the highest mountain in the state of Washington.

I remember we took a longdistance ride to the destination. It was incredible to see the enormous rainforest on the highway to Mount Rainier. At the end, we climbed the mountain to see the awesome view of the park, but I was unable to open my eyes because the huge amount of snow and ice made me dizzy. Therefore, we just took a few pictures, and got back into the car.

Additionally, I strongly recommend the food there, especially the restaurant I just mentioned, Crab Pot Restaurant, and a few Chinese restaurants, such as, Ding Tai Feng, Little Sheep, Mongolian Hot Pot & Grill, and Boiling Point. The food they serve is delicious, so tourists should try those restaurants!

Seattle is one of the best cities to travel. The attractions are numerous, the shopping centers are fancy and fashionable, and the food is delicious. Overall, Seattle includes all the best amenities. How could not you be attracted by this beautiful city?



Professor Interview (Cont'd)

(Continued from page 5)

with small groups of students, so we can have good conversations or something like that.

6. Could you describe your teaching style?

I try to get students to be involved and interested. I try to get students to interact with the class.

- 7. How do you define good teaching? I think it needs to be outcome oriented. If you really enjoy your class, at the end of a teaching day, you are supposed to learn something that is beneficial to your career, your teaching, and your life.
- 8. What do you think are the most important attributes of good instructors? First, you need to enjoy teaching, and of course you need to be knowledgeable. You need to have a good sense to receive information from students, so that you can meet them where they are. You need to be critical and thoughtful about your own work.
- **9. What is your academic expectation for your students?** Ownership of their studies. Reading notes and books before class. Speaking to me as soon as possible when they have problems. Students need to put the time in on their own to have a mind to study.

10. What attributes do you think a student majoring physics should have?

They need to have a curiosity. I think everybody has that when they were kids. For example, they wanted to know how rainbows were formed. Physics is hard. If you don't have curiosity in it, you are not going to be successful.

11. How do you view and handle late homework from students?

Usually, there is a penalty if it is late. It's not fair to the students who have met the deadline. But I still want students to do their work because it's beneficial and instructive. If it's a little late, they still get some credit. If there is a reasonable excuse such as a personal emergency for the late work, I will extend the work for that student.

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Student Interview (Cont'd)

(Continued from page 5)

In Japan, everyone wears kimonos when they are 20 years old. It is an event that means they become an adult.

- **13. What do you usually do in your free time?** I usually watch movies in my free time.
- **14. What do you think of food in the US?** I like it, but everything is big. It is to much for me, and I can't lose my weight.
- **15. Please tell me about your favorite Japanese food.** I like ramen, sushi, and seasoned cod roe.

16. Please introduce cherry blossoms to us. Almost every Japanese likes this famous flower. We drink and eat something while watching cherry blossoms. This event is called Hanami. Hanami looks like a



Professor Interview (Cont'd)

(Continued from page 8)

12. Do you have pressure?

Yeah, I do have pressure, such as preparing for new classes, forming new assignments for students. You know, I need to be successful in the class—so I need to prepare for my classes.

13. How do you handle pressure?

I spend time with my family every day. I have kids. I am married. I come here very early in the morning but I try to leave before it's too late that I can't have dinner with my family. Before the few hours until my kids go to bed, I won't work and I'll spend the time with my wife, watching TV or something else. Then, I go back to work. So, from 4 to 9 o'clock, it's family time.

14. What makes you uncomfortable socially?

Good question. I would say if people are upset or angry with me. You know, if students are angry with me because I've done something they feel is unfair, that makes me uncomfortable.

15. Can you describe how you go about solving a physics problem?

I think the key is to identify what is fundamentally happening, and what is exactly happening. For example, if you are throwing a ball, you need to think what really matters, and what quantitative qualities matter. You might need position, acceleration, height, or gravity to solve the problem. It's all based on what you need and about how to apply them in the situation.

16. Do you have favorite books?

For my personal reading, I like science fiction novels written by Raymond E. Feist. When I want to relax, I read them.

17. What new teaching skills have you learned over the past year?

Physics 292 is a new course for me this semester. It is about computer modeling, and teaching students computer modeling is a new challenge for me. I learned many teaching skills in this class and I showed students many details of computer languages.

18. How do you feel about Washington College?

I love it. I think it's a good school. I think students who come here are great. Faculty in Washington College can interest students and get them curious about things. You know, this is a small town, and we can focus our energy on education. I think it's a good environment for studying.

Student Interview (Cont'd)

(Continued from page 8)

picnic.

17. Do you have pets? If not, do you want to have one?

Yes, I have two dogs in my house in Japan.

- 18. Do you like reading? If so, what is your favorite book? Yes, my favorite writer is Isaka Koutarou. All of his books are my favorite books.
- 19. Do you play any musical instruments?

No, but I studied the piano for six years in my childhood.

20. Where do you want to travel?

I want to travel to Africa. I want to see the animals in the savannas.

21. If students want to travel to Japan, can you give them some advise for where they should go?

Tokyo and Kyoto are very good places to travel. In Tokyo, you should go to the Akihabara and Nakano. They are very interesting places. In Kyoto, you should go to the Kiyomizu Temple because you can feel the old Japanese culture.

Xiuyuan and Professor Colin Campbell



Badminton Game (Cont'd)

(Continued from page 3)

were both the evening of March 10th.

That night, the semifinals were at 8 p.m. and the finals were at 9 p.m. Both semifinals and finals were three out of five games. That was a big challenge for each player because the first two teams would play six to ten games in two hours.

The semifinals were Alibaba vs. Team LOL, and Akaynick vs. Goodminton. The game between Akaynick and Goodminton was finished fast; in all three games Goodminton couldn't get more than 15 points. But Akay was exhausted because of his aggressive play style. The game between Alibaba and Team LOL was very tough, first two rounds Team LOL won by a tiny difference. The third round was very tough, the score was 24 and 26; finally, Alibaba took the game. However, Team LOL won the 4th round. The final was between Akaynick and Team LOL. These two teams had very different play styles; Akaynick was good at offense and Team LOL was very good at defense. When the final started, supporters from each side came to the gym. There were about 80 people watching the finals. Team LOL won the first two rounds, then Akaynick won the 3rd and 4th game. When the 5th round ended, everyone in the gym was excited, because it was a tie game. Team LOL won the final game by 22-20.

In the U.S., badminton is frequently played by children because parents consider that it is a safe sport; there is no body contact and the badminton balls are light. However, it is one of the most important sports in the Olympic games. I hope in the future more and more students on our campus will be interested in this sport.

Washington College Public Safety

There are nine full-time and two part-time officers employed in Washington College's Department of Public Safety, with two sergeants who each lead four squad members. Each public safety officer carries a radio, keys, pepper spray, handcuffs, gloves, a flashlight, notepads & pens, and a baton.

Candice Tyrell became the Public Safety office manager last December. Before becoming the manager, she was a regular Public Safety officer for ten and a half years.

According to Officer Tyrell, as a public safety officer, there were some tasks they perform regularly that she thinks are relatively easy: securing and unlocking the buildings; being requested to help students who lock themselves out of their dorms or classrooms; patrolling the campus; and writing tickets to those who violate the campus parking regulations.

On the other hand, some cases that they have encountered are quite unusual, such as: rescuing the college business office OIT that burnt down the other year; removing a snake from the dining hall; and getting rid of bats in buildings across campus. A particularly interesting story was the time officers had to stop а truck pulling a draft with students in it during a snowstorm. "I'll give you that



by Li Jiahao

it's

never boring. Even a regular call can be fun and interesting because students are full of surprises," said Officer Tyrell.

Being a public safety officer can be sometimes dangerous, especially during patrolling at night. However, "luckily, we live in a pretty safe area. The campus is pretty safe," she added.

Officer Tyrell thinks that most public safety officers are not so formal with students. Students can call them by their first names. The next time you see public safety officers on campus, say "Hello!" to them. They are here to help you and keep you safe!

My Spring Break in New York

I had a good time in New York during this spring break. As many people know, it is a leading global city, exerting a powerful influence over worldwide commerce, finance, culture, and entertainment. The city is also an important center for international affairs, hosting the United Nations headquarters. A wide variety of cultures are here to attract and develop.

I met the snowstorm in that week. Snow had never stopped people's enthusiasm for the city, so people were standing in the snow as well as those buildings. I saw every heart with full of energy in the shivering body of the snow. I felt like there was nothing that human beings cannot overcome if the hearts of the desire are still there.

Because of the weather reasons, I did not go to many places. My friends and I stayed in a hotel in Manhattan, had been the farthest, and the most should be the flushing. There is a bustling Chinatown anything. I still like that place because there are my favorite Chinese foods. The food stalls are a big feature of Flushing, and they have all kinds of delicious food. I was impressed by the spicy incense pot, all kinds of noodles, all kinds of fried rice, and all kinds of dumplings. Every time I went to dinner, I must wait in line for seats.

Manhattan is one of the liveliest places in New

York, and even the whole of New York's economy is through the Manhattan area of economic development. In Manhattan, you can buy any luxury item, jewelry, and the trend of the brand you want. So, if you don't have enough money in Manhattan, you will get nothing.

Around Time Square, one of the world's leading retail stores are the largest. Their business is also very good. At night, Times Square is beautiful because it is the brightest. Everything on every big screen is a wide variety of ads that illuminate Manhattan's night. When, at the end of

spring break, I was thinking, "This trip to New York was good; I met a lot

where you can get whatever you want from China there. I went there mainly to eat; my favorite food is still Chinese food. Flushing's architecture and Chinese architecture are not the same. Their buildings are older, but this does not mean

of friends and really enjoyed the time with my friends." There were also a lot of places I didn't see, so I will go and visit them the next time I'm in New York.

Wonderful time In New York



Cancun Trip (Cont'd)

(Continued from page 2)

The third place is Xel-Há park. It is the place which I liked the most! It is a Water World. In this park you can play so many water activities. At Xel-Há, you can swim with dolphins, play sea trek, go snorkeling, play with manatees, and so on. These activities were diverting and worthwhile; although there were fees to participate.

I have dreamt of swimming with dolphins since I was a child. The dream came true! I played with dolphins doing foot push, singing, kisses, dancing, hugging, and free inter-

action: jumping and swirling. The dolphins were so cute! I liked them so much.

Also, the snorkeling and sea trek were good. I could see a great variety of fish through these activities. The sea turtles were fast in the sea.



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In addition, the food in this park was good. The Mexican restaurants' food were delicious. The foods were free, so I could eat as much as I wanted. Xel-Há park was the best park I have ever visited!

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