myuhc.com

SimplyEngaged®
Gift Card Overview

Reward yourself with a gift card from SimplyEngaged®

With the SimplyEngaged program you can log on to myuhc.com to take advantage of our interactive health and wellness activities. These include the online health assessment*, online health coaching, all designed to help you learn more about your current health and potential health risks for certain diseases and conditions. Once you've finished an activity, you'll be rewarded with a gift card!

Redeeming your health and wellness gift card is easy

After finishing an activity, logon to **myuhc.com**, and select the Health & Wellness tab. Click on *"I Get"*>*"My Rewards"*> *"Redeem Rewards"*. You'll also receive an email notification from **healthyliving@myrewardsredeem.com** after you complete an activity.

It's easy to reward yourself with SimplyEngaged℠

1 Logon to **myuhc.com**
2 Click on the *"Health & Wellness"* tab,
3 Complete one of the activities[A,B,C]

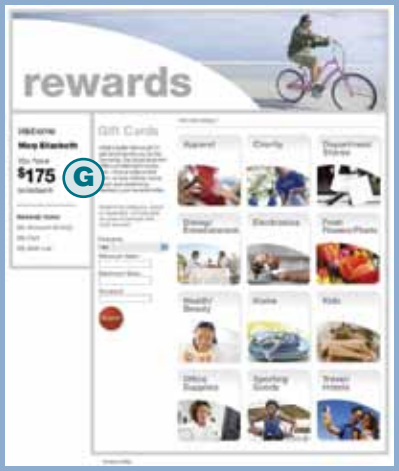
Online Health Assessment* on myuhc.com $75

Online wellness coaching program $25

Telephone-based wellness coaching program $75

Available for Employees and spouses/domestic partners covered by this UnitedHealthcare plan

- **A** Earning maximum
- **B** Total dollars earned
- **C** Healthy Activities shows activities available to you
- **D** Reward value for each eligible activity
- **E** Earned rewards per eligible activity
- **F** Redeem Rewards takes you to the page to redeem your rewards
- **G** Current rewards balance available to redeem



Visit **myuhc.com** to sign up and participate or call **1-877-818-5826** if you have questions about your rewards.

UnitedHealthcare®

Note: If you use your personal email, you may need to add us to your unblocked list so emails aren't viewed as spam. To do so, add healthyliving@myrewardsredeem.com to your contact list. If you use your work email address, your company may need to add our vendor's information to their IT white list so that your reward email isn't blocked as junk mail.

UnitedHealthcare understands the importance of protecting your privacy.
We care about the relationship we have with you. The services we provide require that we receive personal information and we know it is critical to protect your privacy. Our business practices are in compliance with the privacy requirements under the Health Insurance Portability and Accountability Act (HIPAA). Your personal information will not be shared with your employer. Your personal information will be used only by UnitedHealthcare and its wellness program affiliates to provide individualized health information to you to improve your health practices.

A Maximum reward per employee $175; Maximum reward per family $350. Each member is eligible to receive a maximum of one reward for completing the wellness activity listed in each category. This includes a maximum of one reward per person for completing the Health Assessment, one for online coaching and one for telephone-based coaching.

B Children may not participate in the reward program.

C Incentives can be earned only once per plan year. This also pertains to the online and telephonic coaching rewards.

* Members should refer to their health plan ID card and log into the UnitedHealthcare health and wellness website listed on their ID card.

UnitedHealth Wellness® is a collection of programs and services offered to UnitedHealthcare enrollees to help them stay healthy. It is not an insurance product but is offered to existing enrollees of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to encourage their participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Some UnitedHealth Wellness programs and services may not be available in all states or for all group sizes. Components subject to change.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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