THE OFFICE OF ACADEMIC SKIILS

ACADEMIC SUCCESS WORKSKOPS SPRING 2014

WORKSHOP	DESCRIPTION	DATE/TIME	LOCATION
College Time Management PART 1: Making A Plan	Get your semester starting right with strategies/tips on how to better manage your busy schedules.	Wednesday, Jan 29th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library
Read & Write GOLD Training	Learn our new computer toolbar to help you study better as a college student.	Monday, Feb 10th 4:30-5:30pm	Newlin Room 1st Fl. Miller Library
College Note-taking and Reading Strategies: Creating Optimal Performance In Classroom and On Exams.	Discover note-taking strategies that will help you be better prepared for class lectures and exams.	Wednesday, Feb 12th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library
Reducing Test Anxiety	Test anxiety is an issue that many students face at one time or another. Explore how to recognize test anxiety and learn how you can deal with the anxiety more effectively.	Wednesday, March 5th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library
Identify Your Learning Style	What type of learner are you? Find out which type you are and discover some helpful tips to study better.	Monday, March 17th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library
College Time-Management PART 2: Gaining Control Over Procrastination	PART II of Time-Management will focus on ways to overcome procrastination.	Wed, March 19th 4:30-5:30pm	Large Study Room 2nd FL Miller Library
Train Your Brain	Understand how your brain works when it comes to studying and learn ways to help your memory and concentration.	Monday, April 7th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library
Painless Presentations	Learn what professors' desire in presentations, along with building your confidence for that next presentation.	Wednesday, April 9th 4:30-5:30pm	Sophie Kerr Room 2nd FL Miller Library