

Final Exam Preparation Tips

Create a Study Schedule

Set up a realistic schedule for studying. Be sure that it allows enough time to study for each of your exams. You may have 2 exams on the same day, so you will need to plan ahead to be prepared to take them both.

Be sure to allow enough time to sleep, exercise, and eat well. If you take care of your body, your body will take care of your mind!

Stick to your schedule!

Review Previous Tests

Tests that have been returned over the semester can be a good resource when preparing for the final exam. Look back over the tests to get a feel for the types of questions that the professor asks and the level of detail he/she wants in an answer.

Review Your Notes

Outline your notes. Look to see how previous tests used the material in your notes. Mark areas in your notes of which you are unsure. Ask your professor or a classmate about the areas you have marked.

Review Your Text

Skim and scan. Look to see how previous tests used the material in the text. Outline major categories and subcategories. Make notes about the areas where you feel you are the weakest, so you can concentrate on those chapters.

Form Study Groups

Study groups are a good idea all of the time, but they are particularly effective when studying for finals. Assign each person in the study group a section of the course to review and “teach” to the others. Each person should develop possible test questions to cover their section.

Relax

Final exam time does NOT mean panic time! Eat well, get plenty of sleep, and relax. You will be surprised to find that you have remembered more than you think!